Rules & Regulations

The Jump for Life 2026 event, organized by the OASI Foundation, aims to promote health, well-being, and community awareness by encouraging individuals to take positive and active steps toward a balanced lifestyle. The event serves as a symbolic opportunity to “take the leap” into the new year with courage, renewal, and hope, while supporting OASI’s mission of addiction prevention, intervention, and recovery.

the 5th edition

Date: 27/12/26

Place: Xlendi Bay

Time: 8:45am till 2pm

Activities & Schedule

Guided Hike

From Xlendi to Sanap Cliffs and back;

- Start time: 9:00 a.m.
- Participants must be at the meeting point at least 15 minutes before departure near the Xlendi Bay pier.
- A qualified guide will lead the group.
- First aid personnel will be present throughout the hike.
- Participants are required to wear appropriate footwear and clothing.



Sanap Hike

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Kayak Trips

To start from 9am onwards;

- Some of the kayak are a two-seater; participants joining alone may be paired with another individual.
- Time slots are allocated on a first-come, first-served basis – Please come next to our registration table on the day to pick your slot.
- A first aider on a jet ski will accompany the activity for safety supervision.
- All participants must wear a life jacket provided by the organizers at all times.
- You can decide to join the kayak trips on the day, if availability permits.



Kayak Trip

Time slots for the kayak trips

Group 1	9:30am - 10:00am
Group 2	10:00am - 10:30am
Group 3	10:30am - 11am
Group 4	11am - 11:30am
Group 5	12:30pm - 1pm

Please come next to our registration table on the day to pick your slot.



Jump in the Sea

Jump into the Sea

- Time: 12:00 p.m. (noon)
- Location: Pontoon near the Churchill Restaurant, Xlendi Bay.
- This is a symbolic activity representing a fresh and positive start to the new year.



Participation & Requirements

- Participants must be 18 years or older. Those under 18 must be accompanied by a parent or legal guardian.
- Participants must be in good health and able to safely engage in physical activity.
- Anyone under the influence of alcohol or drugs will not be permitted to participate.
- Proper footwear and swimwear must be worn for all respective activities.

Medical Assistance & Safety Support

Comprehensive first aid and medical support will be available throughout the event:

- An ambulance with an Advanced First Aid Team will be stationed at the base of the event site.
- A first aider will accompany the guided hike, ensuring participant safety along the route.
- A first aider on a jet ski will oversee and assist during all kayak trips.
- Participants are encouraged to inform the event organizers or first aid personnel of any pre-existing medical conditions or health concerns prior to participation.

Safety & Liability

The OASI Foundation and its partners will provide reasonable safety measures, including the presence of qualified first aiders.

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Participants take part at their own risk. The OASI Foundation will not be held liable for any personal injury, loss, or damage to personal property during the event.

All participants are required to follow the instructions of event organizers, safety personnel, and guides at all times.

Anyone acting irresponsibly or endangering others may be asked to leave the event immediately.

Clothing & Belongings Management

Although no lockers will be available, participants may leave their personal belongings in the designated storage box located next to the registration tables.

- The storage area will be supervised at all times by volunteers.
- Upon leaving your belongings, participants will receive a wristband that corresponds to their assigned storage space.
- Despite these precautions, the OASI Foundation cannot be held responsible for any damage, loss, or theft of personal items. Participants are strongly advised not to leave any valuables in the storage area.

Media & Photography Consent

By participating in this event, attendees consent to the use of photos and videos taken during the event for promotional and awareness purposes by the OASI Foundation.

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Cancellation

The OASI Foundation reserves the right to modify, postpone, or cancel the event in case of adverse weather conditions or unforeseen circumstances. Any changes will be communicated to participants through official OASI Foundation channels.

Acceptance of Terms

By registering and participating in Jump for Life 2026, individuals acknowledge that they have read, understood, and agreed to these Rules and Regulations.

Contact Information

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OASI Foundation

