



Rules & Regulations

Registration

Standard Tickets

ERB - Early Bird Price
LRP - Later Registration Price

10km Road Run	ERB - € 20 LRP - €22	Participants must be 16 years or over.
5km Road Run	ERB - €15 LRP - €17	Participants must be 16 years or over.
5km Fun Walk	Standard Price €10	Any age, however, children under the age of 13 must be accompanied by an adult. Children under the age of 5 participate for free. Children under 16 years of age accompanied by two adults also participate for free.
Children Road Run	EBP - €8 LRP - €10	12-15 Years - 2.8Km 8-11 Years - 1.4km 5-7 Years - 800m 4 Years - 400m

Applications must be received by **Wednesday 30th September at noon.**

Participants cannot submit their application on the day of the event, unless for the walk.



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Registration

Group Tickets Available

ERB - Early Bird Price
LRP - Later Registration Price

The Buddy Run

Running is always better together. Register with a friend, family member or colleague and enjoy the experience side by side. Each runner will receive their own official race time, so your results remain individual. The Buddy Run is all about supporting, motivating and encouraging one another every step of the way, because sometimes, having someone by your side is all the motivation you need.

Valid for 2 Runners each ticket.

10km Buddy Run	EBP €36 LRP €40	Both participants must be 16 years or over.
5km Buddy Run	ERB €26 LRP €30	Both participants must be 16 years or over.

Family Walk	Standard Price €20	2 adults + 1 child under the age of 16 participates for free.
Group Walk Ticket	Standard Price €30	3 participants + 1 FREE participant. All participants must be over 16 years or 5 adults and 1 child participates for free.

Applications must be received by **Wednesday 30th September at noon.**

Participants cannot submit their application on the day of the event, unless for the walk.



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Time Schedules of the Road Runs and Fun Walk

The **10km Road Run starts at 7:45 am**. The time limit for the 10Km Run is 1 hour and 15 minutes from start time. No traffic management, marshals and other service including medical services will be available after this time limit along the route. The organization holds no responsibility for runners who have exceeded the time limit and still continue to run/walk.

The **5km Road Run** starts at 8:00am.

The **5km Fun Walk** starts at 8:15am.

The **Children's Runs** start as follows:

- 12-15 Years @9:20am
- 8-11 Years @9:35am
- 5-7 Years @9:45am
- 4 Years @9:55am

Incomplete Registration Forms

Athletes may be **disqualified or excluded** from the run if the registration form is incomplete or incorrect.

Bandit Runners

All those who participate **without an official run number are considered to be bandit runners**. Bandit runners will not be allowed to start off from the official starting point and will be asked to leave. Bandit runners will also be prevented from entering through the official finish line.

Route

Both the **Start and Finish** of the run will be in Republic Street Victoria, Gozo.

Please note that **only participants will be allowed next to the start and finish line** - barriers will be there and no barrier should be moved for other people to enter. To ensure the safety of everyone please make sure that especially during children's races **no parents/coaches run inside the area with their kids**. Failing to adhere to this regulation may result in the child to be disqualified from the race. This is to ensure safety for all the children participating.



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There will be traffic police and enforcement officers to control traffic in various parts of the route but remember the route will not be traffic-free, so we warn you to be cautious and run on the pavements where possible. Better to be safe than a couple of seconds faster!

Marshals will be along the way but every runner's responsibility is to know the route.

Signs will be put up to help guide the 5K and 10K runners next to Xagħra roundabout it is every runner's responsibility to know the route.

Please note that every runner should turn with every roundabout indicated in the routet. There will be people monitoring this and in case someone fails to do so action will be taken accordingly. If the route is not followed as it should a penalty of an additional 60s will be given to the respective runner.

[Respective routes can be found at the end]

Clothing Management System

Although no lockers are available, your belongings can be left in the box next to the registration tables. The box will be guarded at all times by volunteers to ensure maximum security. Please note that OASI Foundation cannot be held responsible for any damage or loss, therefore we recommend that you do not leave any valuables.

Medical Assistance

An Ambulance with an Advanced First Aid Team will be providing medical assistance both along the run route as well as in a fixed point near the Finish line.

Run Results

Official results will be published not later than five working days after the run.

Run photos will be made available on the OASI Website and Facebook page.



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Trophies and Medals

All participants will be awarded a medal.

The following trophies will be awarded:

Children's Run: 5-7 years Boys -1 st place -2 nd place -3 rd place	Children's Run: 5-7 years Girls -1st place -2nd place -3rd place
Children's Run: 8-11 years Boys -1st place -2nd place -3rd place	Children's Run: 8-11 years Girls -1st place -2nd place -3rd place
Children's Run: 12-15 years Boys -1st place -2nd place -3rd place	Children's Run: 12-15 years Girls -1st place -2nd place -3rd place
5km Road Race Male -1st place -2nd place -3rd place	5km Road Race Female -1st place -2nd place -3rd place
10km Road Race Male -1st place -2nd place -3rd place	10km Road Race Female -1st place -2nd place -3rd place



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Other Trophies

- 1st place Male 50+ (10Km)
- 1st place Female 50+ (10Km)
- 1st place Gozitan Male (10Km)
- 1st place Gozitan Female (10Km)

Any athlete qualifying for two prizes will be asked to choose the individual placing first. The next in line will be awarded.

Please note the **400m children road run** participants will be given a medal for participation.

Contact Information

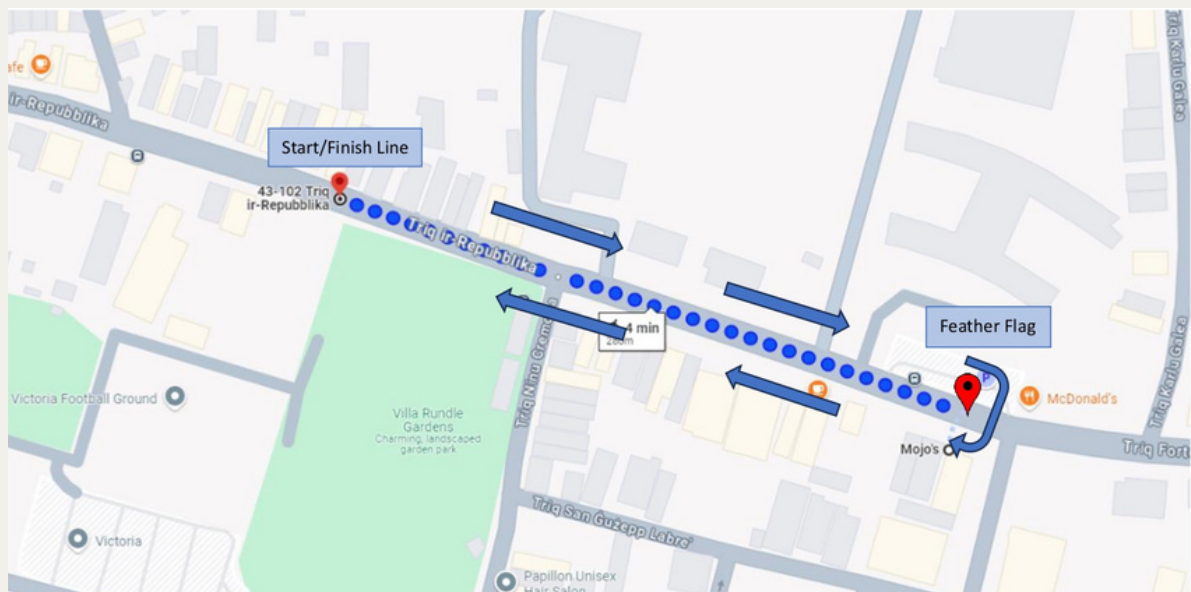
OASI Foundation
5, Wied Sara Street
Victoria, VCT 2963
Gozo

Tel: **21563333**
Email: **prevention@oasi.org.mt**



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Children's 400m Road Race 4 years / Starts at 9:55am



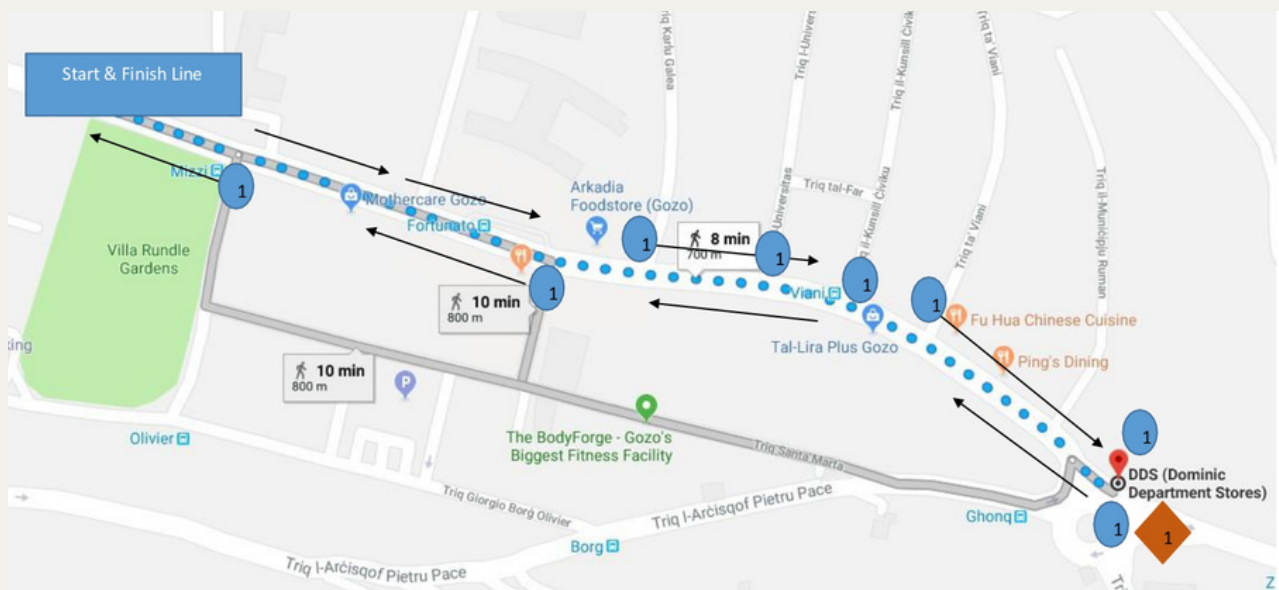
Children's 800m Road Race 5-7 years / Starts at 9:45am



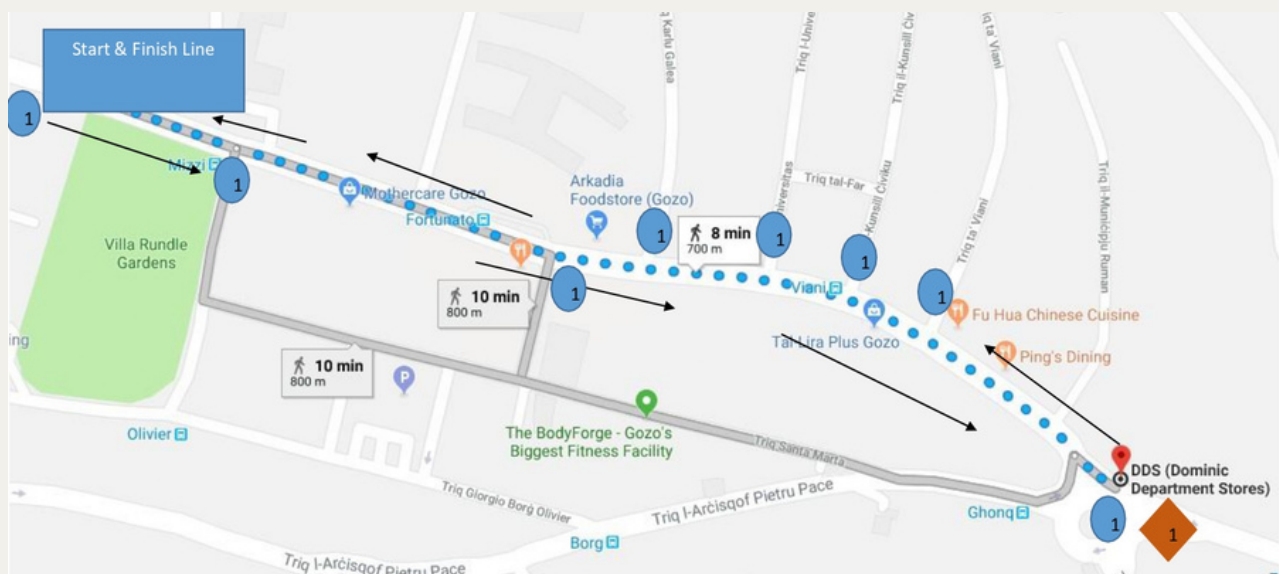
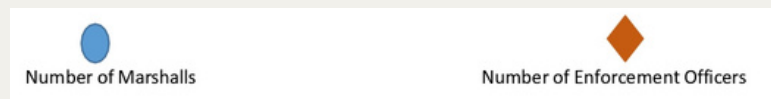


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Children's 1.4km Road Race 8-11 years / Starts at 9:35am



Children's 2.8km Road Race 12-15 years / Starts at 9:20am The below route X2





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10km Adult Road Race

16+years

Starts at 7:45am

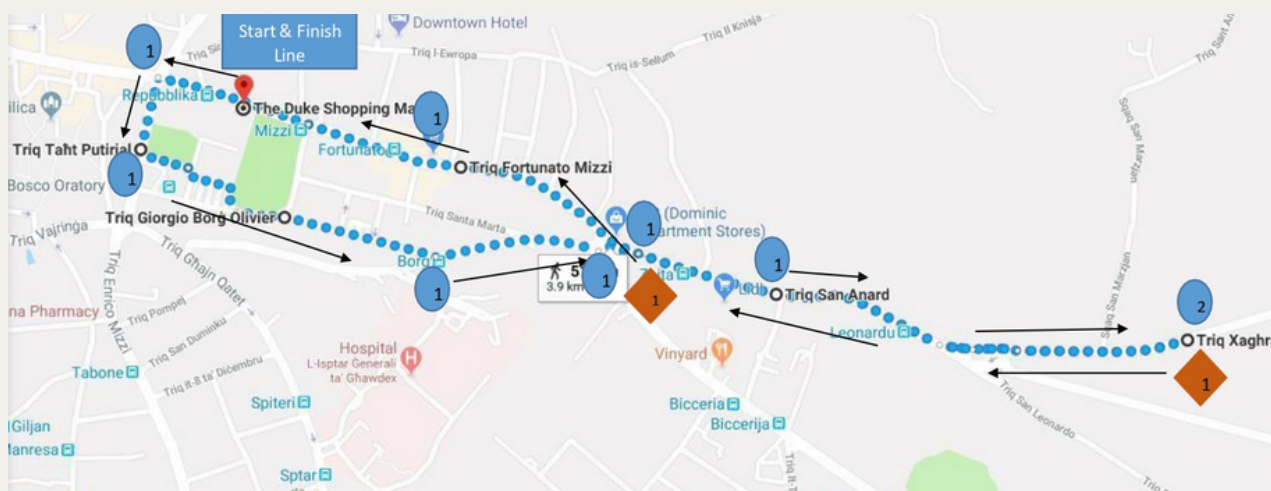




Rules & Regulations

5km Adult Road Race

16+years / Starts at 8:00am



5km Fun Walk

Starts at 8:15am

